



## Children are a Blessing?

Mother's Day is just two days away and I've really been thinking about motherhood, children and doing my best to pull some good lessons from what I've been living through and remembering. Our children aren't always appreciative of the sacrifices we make for them. It seems the more we do for them the less appreciative they seem to be. I really didn't know this was going to happen. I never really considered how I had treated my mother after leaving home. Or that what I sowed towards my mother I was eventually going to reap. I was pretty much the only one on my mind. Today things are different. I've come to the conclusion that my mother was a giving, sacrificing woman who willingly gave up her hopes and dreams to care for four of the most inconsiderate creatures on the earth. I always wanted her approval, but now that I look back on things, she was just too tired to give me what I wanted. I would do my chores hit or miss and expect rave reviews. I would willingly go help neighbors and get all sorts of praise, but if I'm honest with myself they had little clue to my attitude at home when I was asked to do something I didn't want to do. Mothers are a breed apart. Fathers earn worship, mostly because they aren't home as often. Children see fathers as some sort of "higher" life form, when in all reality if it weren't for good mothers, fathers would fall a distant second to mothers. My dad would not have remember special days if it weren't for my mom. My mom was home all the time so I got most of my scoldings from mom. My dad would come in when I was completely out of hand and handle me when mom was just plain exhausted.



*Motherhood, take it or leave it?*

I think it's high time we all stopped for a moment and took time to let our moms know the truth about what selfish, self-centered brats we are. Let's come clean and face facts that if it weren't for our great moms, we'd all be sloppy, slothful bums.

Happy Mum's Day Mom

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### Special points of interest:

- ? Share our website with a friend:  
[www.proverbialwoman.com](http://www.proverbialwoman.com)
- ? Tell someone that God loves them by showing them your love.
- ? Call your mom more often.

## Buggy Summer, NOT

There is nothing as irritating as bugs in the summer. Whether they are crawling over your picnic lunch, biting your flesh, or sucking your blood they are pests that you want gone. Here are a couple hints to help you deal with the little irritations of summer. Apply a mixture of meat tenderizer and water to bites for soothing relief.

?? Add 1/4 tsp of tenderizer to a cup of cool water and apply to bites.

?? Mexican vanilla is a great natural bug repellent. Simply mix half vanilla and half water and spray away. You smell good to humans, but the bugs hate you. The vanilla you find in our



I'm bringing home a baby bumblebee, won't my mommy be so proud of me?

## Buggy Summer, NOT.....continued

local grocery stores won't work as it is mostly alcohol.

?? I just read about a pleasant solution, though, that worked for me last weekend in the mountains (lots of biting bugs, but they pretty much left me alone.) Use lavender oil, and dab it on your pulse points (I used it on my wrists, behind my ears, temples, behind my knees, and on my ankles). Smells wonderful, but apparently the insects don't think so.

?? This may surprise you, but one of the best insect repellents I have found and I am in the woods every day, is Vick's Vaporub. I rub it on my pants and legs to ward off ticks. If you can tolerate the smell it's pretty good.

?? Have lots of bugs in your yard? Why not plant some marigolds. They have a natural ingredient that bugs just don't like. Plant them amongst your vegetable garden and you'll find you have fewer bugs there too.

## Antsy Children?

My daughter used to read the "Babysitter's Club" books. She took what she read and added some of it to her babysitting repertoire. One of the best things she ever gleaned from these books were "Kid kits". A kid kit is a handy box that is full of things you can use to entertain or that children can use to entertain themselves. Full of washable markers, crayons, coloring books, lap desks, books, and anything else your child can use and be quiet with. A locking filebox is ideal.

When shopping at the local dollar store, why not pick up a few inexpensive toys (don't do this with children watching) and sneak them into your kid kit. When you're on the road or waiting in some place where kids need to be quiet, pull out the kit. Dole out the goodies one thing at a time and require your children to spend at least 10 to 15 minutes with each new toy. Otherwise after they get used to the kid kit they will rush through each item to get to the new ones. Only give out the new toys when and if the children have been well behaved. If not, then hold them for the next trip. It not only teaches discipline, but gives them something to look forward to if they fall short of good behavior this time round.

## Making Your Word Good



Yes, no .....maybe?

One of the most important lessons I ever learned about raising my daughter was to make my word as good as gold. My daughter had to know that my word was good whether I was promising her rewards or promising her discipline. Threats had to become a thing of our past. It was difficult at first, but when the Lord lets you know that your children trust Him because they know they can trust us you learn the lesson quickly. I wanted my daughter to trust that God was good to His word when He chastised and when He rewarded. So if I told her "yes" she knew I meant yes, if I told her "no" I meant no. Threats let your child believe they can get away with sin without consequence and that just isn't so. There are lots of kids in the world today who suffer great harm and don't understand why. A lot of it has to do with the fact that their parent's word was no good. Let's make our yes be yes and our no be no! Let's be just like God.

## Summer Soups & Salads

There is nothing as frustrating as being hot and having to make dinner on a sweltering summer evening. So what's a mom to do? Get out your trusty crock pot and salad bowls and fill em up.

Here are a couple ideas to make summer eating just a little easier.

- ?? Have these items around for quick crock pot soups. Beans such as navy, pinto, kidney. Tomato based sauces like spaghetti, pasta and pizza sauces. Frozen chicken tenders that can be browned and tossed in. Dried chopped onion, Italian seasonings, chili mixes and even taco mixes. Canned items like green chiles, olives, mushrooms, corn and hominy. Pre-made and frozen ravioli, pierogies, tortellini, and meatballs.
- ?? Buy the new hickory smoked tuna from Starkist and make your favorite tuna salad creation. Spoon over torn bite sized romaine leaves for a delicious twist on the old standby. I also like to mix this smoked tuna with cream cheese, bread and butter jalapenos and spread it on crackers. This would also be good spooned over baked potatoes made in the microwave. YUM.
- ?? In the crock pot add browned ground beef, Italian seasonings, spaghetti sauce, a can of kidney or other beans, and some dry macaroni. Cook on med-high until noodles are to your liking. I call it spaghetti soup. I use the kind of crock pot you can start on your stove and then place over the warmer.
- ?? Items to have on hand for quick Taco salads: tortilla chips, Frito chips, taco bowls, shredded cheeses, sour cream, green chiles, jalapenos, chopped lettuce (avoid nutrient free iceberg lettuce), black olives, salsa, jicama, pico de gallo, avacados, and green chile chip dip. Set your counter up buffet style and let folks prepare their own salads.
- ?? Great accompaniments to soups and salads, breadsticks, whole wheat crackers, whole wheat tortillas, corn chips, toast, and biscuits.

Think salads and soups when you make your grocery list and buy things that can make several different kinds of each. Mix and match so your family doesn't get bored with the same old same old thing. We have a tendency to make the same thing week after week and not even know it.

## The Elder Woman

Finding Christian women as role models can be a real challenge. Becoming a role model is something every Christian woman should desire to become. We're told that the elder women are supposed to teach the younger to love their husbands and love their children. One would think that loving her husband and children would be a natural thing for every woman, but it most definitely is not. Perhaps this is because so few of us really know what true love is. The world tells us that love is feeling, love is an emotion, but according to the bible, love is neither of these. A close look at the "love chapter", 1 Corinthians 13 will give us a much better picture of love. "Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; rejoiceth not



**Soup or Salad?**



*Train up a child in the way that she should go and when she is old she will not depart from it.*



*A virtuous woman,  
who can find?*

## The Elder Woman.....continued

in iniquity, but rejoiceth in the truth; beareth all things, believeth all things, hopeth all things, endureth all things. Charity never faileth. Here we see a very different picture of love than the world portrays. The world tells us that love is when someone else does things that makes us happy 24/7. It rarely requires any type of self-sacrifice. The worldly love is always about me, myself and me. In the midst of trouble someone who loves you will make sure you are the center of the world.

The godly woman needs to be willing to lay down self and give all for her loved ones. Not in order to become a rug, but knowing that if she lays down her life God will take it up and give it back to her. A good picture of this sort of eternal love is the love Y'shua/Jesus demonstrated in giving his life for sinful mankind. He gave his all, his life's blood and the Father gave him back his life.

Women are supposed to love their husbands and children by having faith in God's ability and willingness to make them the best they can be. Not being moved by anything that runs contrary to the word of God. For instance, consider a husband who doesn't obey some area of the word. Rather than rehearsing the problem before God and the world, the godly woman says "My husband is a faithful high priest of his home", "He is godly, patient, kind, obedient to God, able to hear and obey His voice". The same is true of her children. When they demonstrate ungodly behavior she pushes into God's word about children. "All my children are taught of the Lord and great is their undisturbed peace", "My children are taught in the way that they should go and when they are old they will NOT depart from them". This is true love. This woman has confidence in the word of God which says "Charity (love) never fails".

The woman who has done this thing for her husband and children can then become the elder woman who teaches the younger. This woman has walked the love walk and can then comfort others in all the comfort she has received. She is walking in maturity, lead of the Holy Spirit. She qualifies to teach other woman.

There are many women who put themselves in the place of teacher, but if they haven't walked these things, they have no business teaching younger women. If you are young, look for role models that follow this rule. Don't be taken in by a lot of talk of intellect or knowledge. True faith and love is based upon practice and experience, not on a lot of talk.



**The love of an  
animal is a gift  
from God.**

## Paws, Purrs and Pals

What is it about a warm puppy or a fuzzy kitten that just touches the souls of us? Is it the love that they offer without reason? It's one of those indescribable gifts from God that only a pet lover knows. Here are some tips to show your pet how much you love him/her.

?? If your cat gets acne (those little black heads) on his/her chin try this. Clean their bowls more often. Replace deep bowls with more shallow ones. Use a clean gauze pad soaked in hydrogen peroxide twice daily until the black heads disappear

We used to have a ferret shelter and loved the little sweethearts. Today we travel way too much

## Paws, Purrs & Pals.....continued

to give ferrets the kind of attention that ferrets need. If you want to travel and take your baby with you here are some helpful ideas.

- ?? Make sure that wherever you go you are in "ferret friendly" territory. Not everyone likes ferrets. Some folks are downright scared by them. Check ahead of time.
- ?? Always have your ferret vaccination records with you. Also have your vet's information with you. There are some states where ferrets are outlawed and traveling there can subject you to having your ferret taken from you. Know the laws in the states your traveling.
- ?? Have a cooler with lots of extra water in bottles as ferrets can overheat easily in the summer. You can take a water bottle and freeze it before leaving and then wrap it in a towel and place it in your pet carrier. As the ferret warms us, he/she can get as close to the cold bottle as is necessary.
- ?? Take extra food, treats and towels for emergencies. Getting stranded and trying to find the right sort of food can tax the most patient ferret owner. Ferrets don't take well to food changes and a change of diet as well as the stress of travel can make your ferret sick.



**A warm fuzzy!.**

## Simplicity

Things are really speeding up all around us. We are living in a microwave society and the faster things get the more stress we are exposed to. One way to help ease the pressure is to simplify things in your home. Removing clutter is one area we can all work on that will help relieve some of the stress. How do we attack clutter? First, let's examine my clutter.

In my home clutter is usually caused by an overabundance of magazines, junk mail, correspondence and knick knacks. My magazines are limited to computer mags, decorating mags and catalogs. One way to deal with these is to consider them subject specific. I have decided to keep the most current computer magazines and dump the rest. As far as decorating magazines I will be pulling only the articles that reflect my own personal taste and dumping the magazines will help here. Unwanted catalogs come to our home because I order from other mail order companies and they sell my personal information to other vendors. If I immediately trash catalogs I know I won't order from (usually high priced clothing and furniture catalogs) I can eliminate some of the clutter. Another thing I do is keep catalogs in one place and when I get an updated one, I find the old one and replace it and throw the older version.

My husband usually dumps all junk mail before I get it, but when he's unsure about something I get it and then I dump the leftovers.

Last but not least are all the little dust collectors I own. I'm slowly but surely purging these as well. I have decided only to keep only my most favorite pieces and give the rest to local charities. I have been doing this progressively and am ready to purge again. It's freeing to have spaces that are interesting, but not cluttered and overwhelming.



**Recycle clutter, let someone else get use from all that stuff!**

# Proverbial Woman

P. O. Box 662  
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Proverbial Woman ([www.proverbialwoman.com](http://www.proverbialwoman.com)) is a free resource for women looking for godly answers to today's problems. If we have been a blessing to you and you believe you have reaped spiritually then the word tells you that you are responsible to sow your carnal (financial) into our lives. Web hosting, internet access, computers and software as well as study, prayer and meditation time all cost someone. You wouldn't rob the grocery store if you went in to get a box of cereal. It's been said that all preachers want is your money, but I dare say that the cereal companies don't just want you to have a nutritious breakfast, they want your money. Just try walking in and smiling at the clerk as you walk out with a box of cereal without paying for it. Tell them, "I know you want me to have a nutritious breakfast". Guess where you'll end up? We say this resource is free, but it is meant to be free to those who can't yet afford to help out. Folks like those in countries where the internet is the only place to find free biblical teaching. If you own a computer, you're in the place to help us keep this going and to spread the gospel of Jesus Christ (Y'shua Hamashicah) to a lost and dying world.

You can send gifts to First Light Consulting, POB 662, Gardendale, TX 79758.

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## Loving Yourself



*Who am I?*

This seems to be a challenge for most Christian women so let's attack it? In the word we're told to love each other as we love ourselves, but how do we love ourselves? The best way to love yourself is to love God. Put your entire trust in Him to care for you and to keep you. God is far more effective at loving us than we will ever be at it. At the root of most of our behavior is self-destruction. When we worry about our needs, we're opening the door to satan to kill, steal and destroy us. When we try to save ourselves, the word tells us that we end up losing our lives, but if we give up our lives we save it.

The things of God seem to be diametrically opposed to the ways of the world. The world and its ways flow into sin and death. God and His way of doing things flows uphill, but it ends in heaven and life! God's ways aren't based upon logic, but once you obey them, you understand them and you will see that His ways make perfect sense. We're told His ways are higher than our ways. I believe it's because He wants us to soar above the ways of the world.

I love myself enough to shun even an inkling of sin and sickness. I love myself enough to shun death at every turn. I love myself enough to surrender my plan to God's perfect will. I love myself enough to stay in His word and do whatever I see within it needs done. This is how I love myself. I don't depend upon myself, I depend upon God, His power (love) and His perfect will! I listen to His voice and obey because I must love myself so I can love others.

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